

## Education and Counseling

**“Counseling Clients? We’d like to do more, but we can’t afford to . . .”  
Sound Familiar? You’re not alone. Family PACT is designed to  
provide both MEDICAL AND EDUCATION & COUNSELING services.**

- Family PACT Standards require providers to offer reproductive health education and counseling to their clients.
  1. To engage client’s participation in care
  2. To improve health practices and continuation of methods
- Health educators or clinical staff with appropriate skills and knowledge can provide education and counseling; staff are to be supervised by a licensed health care professional.
- You can provide education and counseling services with or without direct medical intervention on that day of service.

## Education and Counseling Codes

### **Education Codes – one-time only**

Z9750 Family planning group education  
Z9751 Family planning individual education –  
10 minutes

Both can be used with an  
Evaluation and Management (E&M)  
code – one time per client per  
provider.

### **Education and Counseling Codes – periodic**

Z9752 Family planning counseling – 15 minutes  
Z9753 Family planning counseling – 30 minutes  
Z9754 Family planning counseling – 45 minutes

Cannot use these codes when also  
using an E&M code. Can use these  
codes with laboratory, medicine  
and procedure codes. If both an  
E&M service and education and  
counseling services are provided,  
use the code which best reflects the  
services provided. Document the  
time and topics discussed in the  
medical record. All codes can be  
used for female and male clients.

# Education and Counseling (cont.)

## **Education and Counseling Code Summary**

### **1. Family Planning Method Education – Codes Z9750 and Z9751**

- Involves review of all family planning method options and informed consent.
- May be used in conjunction with E&M codes.

### **2. Family Planning Periodic Education and Counseling – Codes Z9752, Z9753 and Z9754**

- May be used to report counseling services including method use and adherence, risk reduction, lifestyle issues and pregnancy options.
- May not be used with E&M codes.
- Choose an E&M code or a family planning periodic education and counseling (E&C) code.
  - A. Family planning counseling was provided BUT NO medical services received from a clinician. Choose from E&C codes: Z9752, Z9753, Z9754.
  - B. BOTH medical services from a clinician AND family planning counseling were provided. Choose either an E&M code OR a family planning periodic E&C code. You cannot use both an E&M code AND a family planning periodic E&C code on the same day for the same continuing care visit. Choose the code which best reflects the services which you provide.

## **Examples of how you can use the Family PACT Education and Counseling Codes:**

### **1. Pregnancy Test Office Visit**

A client comes in for a pregnancy test. She does not see a clinician. She receives a urine pregnancy test and gets the results. Staff provides education and counseling about her pregnancy options. A family planning periodic E&C code could be used with the urine pregnancy test code for the required counseling provided at this visit for her pregnancy test options, based on time spent with the client.

### **2. Women's Health Check-Up**

An established client comes in and has a 15 minute women's health visit with the clinician. She also spends 15 minutes with the family planning counselor discussing her birth control method and questions she has about STIs. Either the 30 minute family planning periodic E&C code OR the appropriate E&M office visit code could be used for billing this visit.

### **3. Male Seeking Reproductive Health Care**

A male client comes in seeking information about condoms. He tells you that his partner has been diagnosed with an STI. The clinician reviews his history, discusses reproductive health and contraceptives, screens him for STIs, prescribes condoms and the appropriate treatment. Counseling is provided on the following: condom use, prevention of pregnancy and STIs, use of medication and side effects and other risks. A family planning periodic E&C code OR the appropriate E&M office visit code could be used for billing this visit.